

Summer 2023 Starting July 17 th , 2023	Monday	Tuesday	Wednesday	Thursday	Friday
8:30a – 10:00 am	Roundtable Dining Room – Hot Breakfast Alisha Rick	Roundtable Dining Room – Hot Breakfast Archie Ariel	Roundtable Dining Room - Hot Breakfast Archie Carlie/ Jennifer SEEDS of Recovery	Roundtable Dining Room – Hot breakfast Archie Roy Wendy Kim	Roundtable Dining Room/ Hot breakfast Archie Alishia
	Accessing Resources Suite 10 - GED Rebecca	Accessing Resources Suite 10 - GED Rebecca	Accessing Resources Suite 10- GED Rebecca	Accessing Resources Suite 10- GED Rebecca	Accessing Resources Suite 10- GED Rebecca
10:15a - 12:00p		ONA Alishia	ONA Alishia	ONA Alishia	
	Anger Management BHP or Skills Rm 7B Archie	Resilience in Recovery Peer Support 7 B Ariel		Get Fit workout GYM. Ariel	Relapse Prevention Skills 7 B Christina
				Grief and Loss 7 B Rick	
	All Participant Skills Education Rm 10 A Peter		All Participant Skills Education Rm 10 A Carlie		All Participant Skills Education Rm 10 A Kim
	Expressions of Hope CREATIVE ARTS BUILDING Teresa	Expressions of Hope CREATIVE ARTS BUILDING Teresa	Expressions of Hope CREATIVE ARTS Building Teresa	Expressions of Hope CREATIVE ARTS BUILDING Teresa	Expressions of Hope CREATIVE ARTS BUILDING Teresa
Pre-Employment / GED Rebecca Rm 10-GED. (10) Go to 10 B for Lunch	Pre- Employment /GED Rebecca Rm 10-GED (10) Go to 10 B for Lunch	Pre – Employment / GED Rebecca Rm 10-GED (10) Go to 10 B for lunch	Pre-Employment / GED Rebecca Rm 10-GED (10) Go to 10 B for lunch	Pre-Employment / GED Rebecca Rm 10-GED (10) Go to 10 B for lunch	
LUNCH SERVED IN GROUP ROOMS 11:45 AM Lunch and Learn Streaming Starts at 11:45 am – 12:00 pm All will need to join Access Code: 648-490-357 Lunch and Learn, Facilitator ROBERT- Alishia Fridays Rotate Topics 4 th Monday of the Month the Advisory Council Meeting, Rebecca and Robert join using access code above					
12:15 to 1:45pm	Special CAMPUS CONNECT Starting at 12:15 CHR Happy Hour 12:15pm to 1:15pm Dining Room, GYM, Resource Room and Pool Room open at 1:30 pm Expressions of Hope- Open Studio Peer Support Creative Arts Building Teresa Open from 1:30 to 2:30pm 7 B activities		Connection/ Support Peer support 7A Jennifer B	Experience Strength and Hope 7A Ariel	Recovery Support Peer Support 7 A Peter
		Creativity in Recovery Music Group 7B Ariel / Kim	Creativity in Recovery Peer Support Group 7B Wendy	Recovery Planning/ Goal Setting Rm 7B Peter	Fun & Friendships Peer Support in Recovery Rm 7 B Wendy
		Expressions of Hope Open Studio Peer support Creative Arts Building Christina / Lisa	Expressions of Hope Open Studio / Jewelry Making Peer Support Creative Arts, Room 2 Christina / Kim	Expressions of Hope Open Studio Peer Support Creative Arts Building Christina / Kim	Expression of Hope Open Studio Peer Support Carlie
		Pre- Employment (GED) Rm 10-GED Rebecca	Pre- Employment GED Rm 10-GED Rebecca	Pre- Employment GED Rm 10-GED Rebecca	Pre- Employment GED Rm 10-GED Rebecca
2:00pm – 5:30 pm	CAMPUS CONNECT Let's Dish Option Dining Room, GYM, Resource Room and Pool Room open at 3:00 Dinner Served @ 4:30 pm Peter Kyle Kim	CAMPUS CONNECT Dining Room GYM, Resource Room and Pool Room open at 3:00 Dinner Served @4:30pm Rick Peter Ariel	CAMPUS CONNECT Dining Room, GYM, Resource Room and Pool Room open at 3:00 Dinner Served @t 4:30 pm Rick Ariel Peter Christina	CAMPUS CONNECT Dining Room, Let's Dish Option GYM, Resource Room and Pool Room open at 3:00 Dinner Served @ 4:30 pm Rick Christina Kyle	
5pm to close 5:30 pm	Transport 5pm / Close 5:30pm	Transport 5pm /Close 5:30 pm	Transport 5 pm /Close 5:30 pm	Transport 5pm Close at 5:30 pm	Transport 5pm / Close 5:30 pm

Reminders

- Hot Breakfast will now be served 5 days a week as a part of the morning Roundtable Group or Seeds of Recovery. Members must remain in Roundtable for Breakfast.
- Members must arrive prior to 9:15 am for breakfast. Boxed breakfast cannot be taken to Accessing Resources or other areas of campus.
- The First Wednesday of the month the Program Closes at 1pm.
- We will have special programming the first Wednesday of the Month to include
 - Pancake Breakfast starting at 8:30 to 9:15 am.
 - Note the normal schedule for Wednesdays does not apply, for example there is no pre-employment, EOH, or Accessing resources on this day.
 - All programming will take place in the dining room from 8:30 am to 12:45pm.
 - Lunch will be served at 11:45am.

- Lunch will be served in the Group rooms starting at 11:45 am. Lunch will be delivered between 11:45 am and 12:00 . Lunch is a part of morning programming. Lunch is not served to members not in an designated group room.

- Dinner is served at 4:30 pm and is a part of Campus Connect activities.
- Dinner will not be served prior to 4:30pm . (no to- go meals for early departure)
- Do not take a meal and then give it to someone else. Meals are intended one per person.

- Food / Drink is not permitted in GED/ Computer Lab.

- It is not okay to borrow, lend or purchase items for/from other participants or staff.

- CHR is about recovery and developing a recovery-based lifestyle.

- Disruption policy for unacceptable behavior is posted throughout the campus.

- Treat others as you wish to be treated. Practice compassion, acceptance and be kind.