| Interim<br>Schedule  | Monday                                                                                      | Tuesday                                                                                                              | Wednesday                                                                                                         | Thursday                                                                                                                            | Friday                                                                                                         |
|----------------------|---------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|
| 8:30a – 10:00 am     | Roundtable (1:20)<br>Dining Room – Hot Breakfast<br>Alisha<br>Rick<br>Ariel                 | Roundtable (1:20)<br>Dining Room – Hot<br>Breakfast<br>Archie<br>Ariel<br>Stacy                                      | Roundtable (1:20)<br>Dining Room - Hot Breakfast<br>Anna / Jennifer / Ariel<br>SEEDS of Recovery<br>Darrin        | Roundtable (1:20)<br>Dining Room – Hot breakfast<br>Archie<br>Wendy<br>Ariel                                                        | Roundtable (1:20)<br>Dining Room/ Hot breakfast<br>Archie<br>Alishia<br>Ariel                                  |
|                      |                                                                                             | 9:00 am ONA<br>Alishia (1:20)                                                                                        | 9:00 am ONA<br>Alishia (1:20)                                                                                     | 9:00 am ONA<br>Alishia (1:20)                                                                                                       |                                                                                                                |
|                      | LGBTQ Support Group (1:20)<br>7A<br>Stacy                                                   | Creative Writing (1:20)<br>Creativity in Recovery<br>7 A Wendy                                                       | Alternative Realities (1:20)<br>RM 7A<br>Trevor                                                                   | Grief and Loss (1 :20)<br>7 A Rick                                                                                                  | Relapse Prevention (1:20)<br>7 A Stacy                                                                         |
|                      | All Participant Skills<br>Education (1:20)<br>7B<br>Anna                                    | Resilience in Recovery<br>(1:20)<br>7 B<br>Kyle                                                                      | All Participant Skills<br>Education (20)<br>7B<br>Rick                                                            | All Participant Skills<br>Education (1:20)<br>7B<br>Stella                                                                          | All Participant Skills<br>Education (1:20)<br>Room 7B<br>Gayle                                                 |
| 10:15a - 12:00p      | Anger Management (1:15)<br>BHPrev or Skills non BHT<br>7E Archie                            | Get Fit, Health<br>Wellness (1:20)<br>/ Gym / Dining Room<br>Gayle                                                   | Health and Wellness (1:15)<br>BHPRev<br>7 E<br>Gayle                                                              | Get Fit workout<br>Gayle- (1:20)<br>GYM/ dining Room                                                                                | Spirituality<br>7E 1:20<br>Anna                                                                                |
|                      | Expressions of Hope (1:20)<br>CREATIVE ARTS BUILDING<br>Teresa                              | Expressions of Hope<br>(1:20)<br>CREATIVE ARTS<br>Teresa                                                             | Expressions of Hope (1:20)<br>CREATIVE ARTS Building<br>Teresa                                                    | Expressions of Hope (1:20)<br>CREATIVE ARTS BUILDING<br>Teresa                                                                      | Expressions of Hope (1:20)<br>CREATIVE ARTS<br>Teresa                                                          |
|                      | Pre-Employment / GED (1:20)<br>Trevor<br>Rm 7 D-GED. )<br>Go to Dining Room for Lunch       | Pre- Employment /GED<br>(1:20)<br>Trevor<br>Rm 7 D -GED<br>Go to Dining Room for<br>Lunch                            | Pre – Employment / GED<br>(1:20)<br>Stacy<br>Rm 7D GED<br>Go to Dining Room for<br>lunch                          | Pre-Employment / GED<br>(1:20) Trevor<br>Rm 7D-GED<br>Go to Dining Room for lunch                                                   | Pre-Employment / GED (1:20)<br>Stella<br>Rm 7D GED<br>Go to Dining Room for lunch                              |
| Lunch and Learn,     | Facilitator ROBERT- Alishia Frida<br>Special CAMPUS CONNECT<br>CAMPUS CONNECT ART<br>(1:20) |                                                                                                                      |                                                                                                                   | 648-490-357 GED goes to Dining<br>ncil Meeting, Rebecca and Rober<br>Connection/ Support (1:20)<br>Peer support<br>7A<br>Jennifer B |                                                                                                                |
|                      |                                                                                             | Creativity in Recovery<br>Music Group (1:20)                                                                         | Experience Strength and<br>Hope (1:20)                                                                            | 7A                                                                                                                                  | 7 A                                                                                                            |
| 12:15 to 1:45pm      | Dining Room,<br>12: 15 CHECK IN<br>Art from 1 to 3pm                                        | 7B<br>Ariel                                                                                                          | 7B<br>Stella                                                                                                      | Rm 7B<br><b>Kyle</b>                                                                                                                | Rm 7 B<br>Wendy                                                                                                |
|                      | 3 pm Campus Connect<br>Planned Activities<br>Dinner Served @ 4:30 pm                        | Expressions of Hope<br>Open Studio Peer<br>(1:20)<br>Creative Arts Building<br>Anna<br>Jewerly, 1:20                 | Expressions of Hope (1:20)<br>Open Studio –<br>Jewerly<br>Anna<br>Creative Arts, Room 2                           | Expressions of Hope<br>Open Studio ( 1:20)<br>Peer Support<br>Creative Arts Building<br>Anna                                        | Expression of Hope<br>Open Studio (1:20)<br>Peer Support<br>Stella                                             |
|                      | Kyle<br>Teresa<br>Stella<br>(Roy)                                                           | Pre- Employment (GED)<br>(1:20)<br>Rm 7D-GED<br>Trevor                                                               | Pre- Employment GED<br>(1:20)<br>Rm 7D-GED<br>Trevor                                                              | Pre- Employment GED<br>(1:20)<br>Rm 7D-GED<br>Trevor                                                                                | Pre- Employment GED<br>(1:20)<br>Rm 7D -GED<br>Trevor                                                          |
| 2:00pm – 5:30 pm     | Gayle<br>Stacy<br>Anna until 4:30                                                           | CAMPUS CONNECT<br>Dining Room, (1:20)<br>GYM, Resource Room<br>and Pool Room open at<br>3:00<br>Dinner Served @ 4:30 | CAMPUS CONNECT<br>Dining Room (1:20)<br>GYM, Resource Room and<br>Pool Room open at 3:00<br>Dinner Served @4:30pm | CAMPUS CONNECT<br>Dining Room, (1:20)<br>GYM, Resource Room and<br>Pool Room open at 3:00<br>Dinner Served @t 4:30 pm               | CAMPUS CONNECT (1:20)<br>Dining Room,<br>Let's Dish Option<br>GYM, Resource Room and Pool<br>Room open at 3:00 |
|                      |                                                                                             | pm<br>Rick<br>Kyle<br>Stella<br>Gayle                                                                                | Dinner Served @4:30pm<br>Rick<br>Kyle<br>Stacy<br>(Stella)<br>(Roy)                                               | Stella                                                                                                                              | Dinner Served @ 4:30 pm<br>Rick<br>Kyle<br>Stella<br>Stacy<br>(Roy)                                            |
| 5pm to close 5:30 pm | Transport 5pm / Close<br>5:30pm                                                             | Transport 5pm /Close<br>5:30 pm                                                                                      | Transport 5 pm /Close 5:30<br>pm                                                                                  | Transport 5pm Close at<br>5:30 pm                                                                                                   | Transport 5pm / Close 5:30 pm                                                                                  |
| Floats               | Gayle Float<br>Ariel                                                                        | Stella Float<br>Archie                                                                                               | Kyle Float<br>Ariel                                                                                               | Stacy Float<br>Ariel                                                                                                                | Kyle Float<br>Alishia                                                                                          |

## Reminders

- Hot Breakfast will now be served 5 days a week as a part of the morning Roundtable Group or Seeds of Recovery. Members must remain in Roundtable for Breakfast.
- Members must arrive prior to 9:15 am for breakfast. Boxed breakfast cannot be taken to Accessing Resources or other areas of campus.
- The First Wednesday of the month the Program Closes at 1pm.
- We will have special programming the first Wednesday of the Month to include
  - Pancake Breakfast starting at 8:30 to 9:15 am.
  - Note the normal schedule for Wednesdays does not apply, for example there is no preemployment, EOH, or Accessing resources on this day.
  - All programming will take place in the dining room from 8:30 am to 12:45pm.
  - Lunch will be served at 11:45am.
- Lunch will be served in the Group rooms starting at 11:45 am. Lunch will be delivered between 11:45 am and 12:00. Lunch is a part of morning programming. Lunch is not served to members not in a designated group room.
- Dinner is served at 4:30 pm and is a part of Campus Connect activities.
- Dinner will not be served prior to 4:30pm . ( no to- go meals for early departure)
- Do not take a meal and then give it to someone else. Meals are intended one per person.
- Food / Drink is not permitted in GED/ Computer Lab.
- J It is not okay to borrow, lend or purchase items for/from other participants or staff.
- *•* CHR is about recovery and developing a recovery-based lifestyle.
- Disruption policy for unacceptable behavior is posted throughout the campus.
- Treat others as you wish to be treated. Practice compassion, acceptance and be kind.